



Essential Oils and Healthy Menopause: History and Research Secrets

Dan Purser MD

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From the NINE TIME #1 Bestselling Medical Author & Educator – Essential Oils for Your Healthy Menopause Your periods dried up eight months ago – you are in the throes of another meltdown (your friends called it a hot flash) and your 30 year old male doctor (who cannot even begin to relate to your middle age women issues) just announced with a grin that you have gone through menopause. You wonder if you should flip him a fish and also if you got an all woman jury would they let you off for killing all the men around you (like this smarmy young doctor)? He hands you a prescription for estrogens and you ask if it was from horses – he just looks at you. Then he offers you birth control pills. You reminded him he treated you for blood clots a few years ago plus your mom had died from breast cancer so NO THANKS. You eventually get out of that #@%*%\$ office after paying an arm and a leg on your co-pay. And wonder if you're going crazy. NO YOU ARE NOT. Your friends tell you to try essential oils. And you scratch your head. What are those? Journey now with Dr Dan Purser, the famous MD endocrinology and essential oil researcher, as he takes you gently through a healthy menopause, sharing with you the history and research secrets that have been shown to work in maintaining a healthy menopause. Learn what women's hormones decline in menopause (detailed referenced lists) and what essential oils that have shown to help maintain a healthy natural menopause. This is his long awaited update and sequel to his SEVEN WOMEN'S HEALTH CONCERNS that was hugely popular and is written in the same easy and friendly medical vernacular that has made Dr Purser one of the most popular speakers and medical educators & authors worldwide (NINE #1 books here on AMAZON). In this book the famous endocrine researcher expertly covers technologies and lab tests few other doctors even mention or know about -- information such as: How to figure out which oils you might need rather menopause pills How these essential oils can help you relax and have a better quality of life Which oil can support your estrogen levels through your healthy menopause Roman history on the use of these oils Which oil was used in the Dark Ages throughout Europe to help support the nuns through menopause Learn what your menopause symptoms mean and which hormone is depleted to cause them Which oil has been historically used to decrease men's libidos and increase women's! How to know almost immediately if your essential oils are helping Why natural options and therapies are so much better than big pharma Why doing all of this naturally will make you FEEL BETTER & SEXIER Why making these more natural and considerate choices helps your HEART & BRAIN Learn about essential oils and how they can also help your rest A fun book full of tips for healthy natural remedies that help you balance hormones and get quick relief that you won't be able to put down. Enjoy this natural menopause survival book as you see why Dr Purser, the MD author of the Program 120 Guide (a 750 page textbook on hormones and preventive medicine) is both entertaining and vastly enlightening, as you deal with your healthy menopause in a more positive and natural manner. BUY NOW! Every day that passes you have worse issues. Transform to more natural options – as natural as they get -- buy this little book and dive deeper and take charge of your menopause!

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A lot of people always spent all their free time to vacation or maybe go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. In order to try to find a new activity that is look different you can read a new book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent the entire day to reading a guide. The book Essential Oils and Healthy Menopause: History and Research Secrets it is rather good to read. There are a lot of people that recommended this book. We were holding enjoying reading this book. If you did not have enough space to deliver this book you can buy typically the e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not to fund but this book has high quality.

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