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A New Legacy for Incest Survivors

Lucie G. Spear



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From the ages of nine to fourteen, Lucie Spear was sexually abused by her own father. Lucie shares her journey of recovery, clearly explaining the loss of self and family that results from an abuser breaking the most basic of trust between parent and child. She also manages to sympathetically convey the complex interfamily dynamics that emerge once incest is revealed.

A New Legacy for Incest Survivors was written to be a moving and ultimately triumphant look into what it takes to survive incest and go on to build a life full of rich, loving relationships; while ensuring that Lucie's own daughter and grand-daughters would live free from incest's shadow.

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