



# Created For Health!: How to Renew & Rebuild Your Health According to God's Original Design

*Judy A. Garcia ND*

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This book addresses a basic philosophy of preventive health. It highlights the Creator's design for a healthy long life through His design of cell cycles and the body's God-given ability to regenerate toward health. God's design offers newness of life and hope to those who feel there is no way back to health. When faced with my own cancer diagnosis, I chose to believe and act upon this knowledge. This pivotal point of regeneration was used to renew and rebuild my own health and many others since that day. It will be this knowledge that will bring you hope for your life! Though your life may currently be threatened, as you read this you will move from despair toward hope that a state of health may very well be a reality for you again. It is the message of the miraculous design by the Omniscient--all-knowing--God that will set this book apart from other health books. God's divine design is declared throughout this book.

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