

The Evil Hours: A Biography of Post-Traumatic Stress Disorder

David J. Morris



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The Evil Hours: A Biography of Post-Traumatic Stress Disorder David J. Morris "**Provocative, exhaustively researched, and deeply moving... An essential book.**" —*New York Times Book Review*

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Post-traumatic stress disorder haunts America today, its reach extending far beyond the armed forces to touch the lives of millions of us. In *The Evil Hours*, David J. Morris shares stories of people living with PTSD—including himself—and investigates the rich scientific, literary, and cultural history of the condition. The result is a humane, unforgettable book that has been hailed as a literary triumph, and an indispensable account of an illness.

"[*The Evil Hours*] reminded me why I wanted to be a writer in the first place . . . Communicate[s] the reality of PTSD, both to those who live with it and those who never have." —David Brooks, *New York Times*

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