



Raising Cain: Protecting the Emotional Life of Boys

Dan Kindlon, Michael Thompson

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It is argued that the story of Cain and Abel endures as an archetypal myth because it offers a glimpse into the emotional tinderbox of the adolescent male psyche. This text is a plea to give boys the emotional education they desperately need to navigate the maelstrom of adolescence. It aims to provide parents with the hands-on tools they may need to raise sons who embody the best traditional attributes of maleness, but who also give a rich inner life, and deep, meaningful relationships with both women and men.

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