



Introduction to Family Processes

Randal D. Day

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Written for undergraduate level courses on family processes, family studies, introduction to the family, family communication, and dynamics of the family, this thoroughly class-tested new edition examines what is known about what goes on "behind closed doors" in families.

Introduction to Family Processes, 4/e introduces the reader to the family processes approach--strategies and daily sequences of behavior used by family members to achieve goals. The family processes approach focuses on how families work, think, and interact; the Inner Family; and the dynamics among its members.

Features of this Fourth Edition include:

- ***Textbook and Student Workbook in one volume!** *Introduction to Family Processes, Fourth Edition* is filled with writing activities and designed with enough space to complete the activities directly on the page.
- ***Chapter Activities** help reinforce concepts learned before moving on to the next concept. These activities are short essay responses to reinforce writing practice and critical thinking skills.
- ***Journal Activities** strengthen the students' connection to the material covered as they reflect, record, and revisit their own thoughts and opinions on guided journal exercises.
- ***Spotlight on Research.** These boxed features highlight valuable research studies. Once research is presented, students are then asked to reflect and respond.
- ***Principle Boxes** highlight specific principles relevant to chapter material and can be used as a study reference or to launch class activities/discussions.
- ***Real families presented in case studies** make the data and research come to life.
- *Each chapter opens with **Chapter Outlines** and concludes with **Chapter Summary, Study Questions,** and a **Key Terms List.**

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