



The Gabriel Method: Weight Loss for Kids

Jon Gabriel

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As a parent, you want your children to have a healthy relationship with food-but often that's easier said than done. Join Jon Gabriel for this live seminar and learn how you can use The Gabriel Method to support your children emotionally and nutritionally as they grow. You'll learn four keys to preventing obesity, how to deal with junk foods at school and at home, plus practical action steps you can use right away.

As a bonus, listen in on the original seminar that caught the attention and endorsements of the mainstream medical community. This live event is what sparked the international Gabriel Method movement-a truly revolutionary mind-body approach to weight loss.

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