



The Little Book of Phobias: An Unflinching Look at Our Deepest Fears, With More Than 250 Quotations from Life and Literature

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From Kierkegaard to Stephen King, 'The Little Book of Phobias' takes you inside the minds of actors, philosophers, writers and politicians to find out what makes them cringe. The clinical definitions of more than 200 common phobias will give you a name to your own worst fears.

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