



**Essential Oils Box Set #8: Body Lotions For  
Beginners & Coconut Oil & Weight Loss for  
Beginners ((Aromatherapy, Healing, Healthy  
Living, Skin Care, Detox, ... Essential Oils, Hair  
Loss, Healthy Living,))**

*Lindsey Pylarinos*

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# **Essential Oils Box Set #8: Body Lotions For Beginners & Coconut Oil & Weight Loss for Beginners ((Aromatherapy, Healing, Healthy Living, Skin Care, Detox, ... Essential Oils, Hair Loss, Healthy Living,))**

*Lindsey Pylarinos*

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## **Body Lotion for Beginners: The Ultimate Guide to Making All Natural Body Lotions for Glowing, Youthful Vibrant Skin & COCONUT OIL & WEIGHT LOSS FOR BEGINNERS: Proven Secrets of Virgin Coconut Oil & Quick Weight Loss**

# **GET YOUR BONUS TODAY! IT WILL LAST YOU YEARS! RIGHT AFTER THE CONCLUSION**

*The skin is more than just the covering of our body. It is the body's largest organ, and it has important roles in ensuring the healthy functioning of the entire body. One of the skin's major attributes is that it is semi-permeable. Because of this feature, certain substances can penetrate the skin while other substances are blocked. Therefore, the skin both protects and nourishes the body. To explain, several toxins are sweated out through the skin and there are lots of nutrients that are absorbed in the body through the skin. Bacteria are blocked from entry in the body, and essential body fluids are contained.*

*In order to keep the skin supple and in good condition, effective skin care is needed so it will look beautiful and carry out its function perfectly. Using natural substances like essential oils, fruits, flower waters, honey and others in homemade lotions can provide different skin treatments for all types of skin. The body lotion recipes in this ebook are easy to make and are all natural and healthy. They are also cheaper than the commercially available lotion that you would normally buy. Furthermore, you can experiment with and test other skin care ideas.*

## **Body Lotion Topics...**

- Body Lotions
- Basic Ingredients and Equipment Used in Making Natural Body Lotions
- Basic Instructions in Making Lotion
- Homemade Body Lotion Recipes
- Benefits of Adding Essential Oils in your Homemade Lotion
- Safety Colorants for Lotion
- Much, much more!

### ***Coconut oil***

*You know coconut oil as a kitchen staple primarily used for cooking purposes.*

*However, are you aware that its soaring popularity these days is because of a particular thing it can do?*

*Did you know Coconut oil can make you lose your excess weight quickly while maintaining your good health condition?*

*Did you know it was regarded as an enemy of the heart because it is rich in saturated fats?*

*This reputation is the reason many consumers avoided using coconut oil.*

## **Here Is A Preview Of What You'll Learn...**

- You Want Coconut Oil for Weight Loss?
- 3 Facts to Change Your Perception about Coconut Oil
- Coconut Oil and Health
- What the Health & Weight Loss Experts Are Saying About Coconut Oil
- Using Virgin Coconut Oil for Weight Loss
- How to Use Coconut Oil for Detox
- Much, much more!

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**From reader reviews:**

**Dawne Feliciano:**

The book Essential Oils Box Set #8: Body Lotions For Beginners & Coconut Oil & Weight Loss for Beginners ((Aromatherapy, Healing, Healthy Living, Skin Care, Detox, ... Essential Oils, Hair Loss, Healthy Living,) can give more knowledge and information about everything you want. Why must we leave the good thing like a book Essential Oils Box Set #8: Body Lotions For Beginners & Coconut Oil & Weight Loss for Beginners ((Aromatherapy, Healing, Healthy Living, Skin Care, Detox, ... Essential Oils, Hair Loss, Healthy Living,)? A few of you have a different opinion about publication. But one aim that will book can give many information for us. It is absolutely suitable. Right now, try to closer using your book. Knowledge or facts that you take for that, you may give for each other; you are able to share all of these. Book Essential Oils Box Set #8: Body Lotions For Beginners & Coconut Oil & Weight Loss for Beginners ((Aromatherapy, Healing, Healthy Living, Skin Care, Detox, ... Essential Oils, Hair Loss, Healthy Living,) has simple shape but you know: it has great and large function for you. You can seem the enormous world by open up and read a e-book. So it is very wonderful.

**Abel Mulholland:**

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**Joshua Dunleavy:**

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((Aromatherapy, Healing, Healthy Living, Skin Care, Detox, ... Essential Oils, Hair Loss, Healthy Living,) giving you an enormous of experience for example rich vocabulary, giving you trial of critical thinking that we realize it useful in your day pastime. So , let's have it and enjoy reading.

**Robert Marshall:**

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