



Surviving an Affair: Infidelity in Marriage and Mending Broken Hearts: Healing the Pain, Reviving your Marriage and Renewing Trust for Couples

Betty Ann Moore

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Not many persons ever get over the scarring effects of infidelity. When a spouse cheats, it can do a lot of emotional harm to the other person. The hardest part is learning how to survive the affair and move on. Moving on can mean mending the current relationship or ending it and starting anew. "Surviving an Affair: Infidelity in Marriage and Mending Broken Hearts" helps the reader to understand how infidelity can occur and also to figure out what needs to be done to get over the negative effects that infidelity can cause.

Emotions can be hard to deal with. The author outlines how to deal with that and more!

About the Author:

Betty Ann Moore has seen firsthand what an affair can do to a marriage. Her aunt was devastated when she learned that her husband of fifteen years had been cheating on her. Betty-Ann saw her go through a myriad of emotions, the last being forgiveness and reconciliation.

As a psychology student, Betty is learning a lot about the human psyche and knows that emotions govern a lot of decisions that people make. In her book she outlines the emotions that persons go through when there is infidelity.

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