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*Linda Brower Meeks, Philip Heit, Phillip Heit*

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Totally Awesome Strategies for Teaching Health(R) gives educators the tools they need to develop and implement K-12 health education curricula focusing on the National Health Education Standards. It includes the Meeks Heit Umbrella of Comprehensive School Health Education, Teaching Masters that can be used to teach the National Health Education Standards at each grade level, Family Health Newsletters, motivating and totally awesome(R) Lesson Plans for each grade level, Teaching Masters and Student Worksheets, a Health Resource Guide, and a state-of-the-art K-12 Curriculum Guide.

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