

One Hundred & One Beautiful Towns in Italy: Food and Wine (101 Beautiful Small Towns)

Paolo Lazzarin

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More than any other country in the world, it is Italy that we turn to for gastronomic inspiration. 101 Beautiful Towns of Italy: Food and Wine takes readers along on a one-of-a-kind tour through the tantalizing tastes of Italy's varied landscape to explore hilltop and seaside towns, where the flavors of Italy scent the air, a good meal is considered the highest form of art, and a fine bottle of wine is never hard to come by. In Alba, savor the refined taste of the white truffle accompanied by a hearty glass of Barolo. Head to Parma for a sampling of prosciutto di Parma, and don't forget to pick up a wheel of parmigiano-reggiano. Travel to the hills of Tuscany, where a glass of red Vino Nobile di Montepulciano accompanies your meal of filetto d'anatra con tartufo (truffled duck breast) and to Campania, home of Naples, the Amalfi coastline, and, of course, pizza, in its many forms, but almost always topped with mozzarella di bufala. Descriptive sidebars key readers in to the best restaurants in town, where to buy the ingredients to prepare the dishes featured (and where to shop for the wine to accompany them) as well as tips on what to see during a visit. A sprinkling of recipes rounds out this information-packed resource. Included is an appendix with in-depth listings to help travelers plan their culinary journeys: what wine cellars to visit, where to dine, and how to navigate a busy market. Whether you're an armchair traveler or an Italophile planning another trip, this volume provides an excellent guide.

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