



# From Heartache to Healing

*Colleen C. & Philip A. Harrison*

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## **From Heartache to Healing** Colleen C. & Philip A. Harrison

A long-awaited book, based on personal experience. Fortunately, help for those with sexual addiction in the LDS community is becoming available in the form of recovery support groups and materials written from an LDS perspective. On the other hand, help for their loved ones has been slower in coming forth. With compassion and understanding, Colleen and Phil Harrison share the principles and insights that helped them find the Savior's grace and guidance to face and survive the heartache of sexual addiction. Colleen shares inspiring wisdom from a wife's perspective; Phil's testimony, as a man who has been clean from sexual addiction for over ten years, will bless you as well. Their combined testimony is that you can also find peace and healing through the Savior's offer of atonement.

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