



# The Art of Being Human: The Humanities As a Technique for Living

*Richard Paul Janaro, Thelma C. Altshuler*

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The Art of Being Human, Eighth Edition, introduces students to the ways in which the humanities can broaden their perspectives, enhance their ability to think critically, and enrich their lives. Ideal for the one-semester humanities course, this well-respected book has been lauded for its scope, accessibility, and writing style. Featuring a unique topical organization, Part I examines ways of responding to the humanities, their mythic origins, and important struggles in the arts. Part II explores the individual genres of literature, art, music, theater, song and dance, and cinema. Part III looks at provocative themes in the humanities: religion, morality, happiness, love, life and death, and freedom.

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