



Breaking Free from the Prison of Blame

Shawn B. McWilliams

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Our society and our people have lost the ability to accept responsibility for their own lives because blame has become an acceptable alternative for responsibility. Many of us displace our frustrations and disappointments onto people; many more of us live with the ongoing guilt and shame that we carry from past choices, blame that other individuals have forced onto us. It's rare to find people living in freedom and power by responding to and accepting the results of their own decisions and the effects of life's challenges. Blame has nothing to do with the present and has everything to do with the past, but can have a profound effect on your present and future in a major way!

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